

Mary Crocker Cook, D.Min., LMFT, LPCC, LAADC, CADCI

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Professional Teaching and Training Experience

Faculty and Program Coordinator, San Jose City College Alcohol & Drug Studies Program (1990-current)

- Responsible for faculty support, internship contracts, course development, and meeting Credentialing guidelines for ADS Program

Instructor:

Ethics and Professional Development

Individual, Family, Group Counseling

Pharmacology of Addiction

Co-Dependency and Family Dynamics

Introduction to Chemical Dependency

Abnormal Psychology and Dual Diagnosis

Spirituality in Chemical Dependency Treatment

Adjunct Faculty at John F. Kennedy University Graduate Program in Psychology (2004-current)

Course Instruction:

Family Dynamics

Basic Addictions

Theories of Process

Theories of Psychotherapy

Humanistic/Existential Approaches to Therapy

World Religions

Cognitive Behavioral Therapy

Gestalt Therapy

Post-Traumatic Stress and Addiction Training 1/23-25/08

Rumah Sakit Jiwa Mental Hospital, Banda Aceh Indonesia

Yakita Addiction & Treatment Center, Banda Aceh, Indonesia

Alcohol and Drug Counselor Training,

The Key/IADCC Training 7/30-8/4/2012

- Provided one-week training on Twelve Core Functions and Group Counseling to alcohol and drug treatment providers from India and Nepal

LifeChallenge, Bangalore, India (1/2006) (4/2011)

- Contracted to provide 90 hours of academic training to 15 person staff of 30-bed, male treatment facility. Focused on Intake/Screening, Assessment, Motivational Interviewing, ASAM, and Treatment Planning.

Contracted Instructor and Trainer for Santa Clara County Department of Alcohol and Drug Services (DADS)

- Incorporating Psychoeducation into the therapeutic process
- Incorporating Motivation into Relapse Prevention for Dually Diagnosed
- Burnout Prevention for Counselors
- PTSD and Addiction

Instructor, Certificate in Spiritual Counseling: Center for Spiritual Growth
(Current)

Courses Taught: Overview of World Religions, Stages of Faith Development, Spirituality and Trauma, Spiritual Blocks, Tools for Spiritual Counseling, Spiritual Guidance, Integrating Psychology and Spirituality,

Professional Experience

Private Practice, Connections Counseling Associates
San Jose, CA (1988-current)

- Provide individual, family, couple, and group counseling.
- Provide workshops and lectures for community and corporate organizations on a variety of topics

Founding Trustee Director. The IC&RC International Alcohol and Drug Counselor Certification Trust For India (2010-Current)

- Developed credentialing materials and was awarded the IC&RC Membership Board status for India
- Represent India at yearly IC&RC meetings
- Work with India Trustee members to train and offer outreach to universities and treatment programs in India about the importance of standardized alcohol and drug counselor training and service delivery.

Co--Founder and Clinical Director, Recovery Connections Treatment Services
(2004-2010)

- A State Licensed, District Attorney Certified program developed to provide Residential, Outpatient, and Sober Living Treatment Services to addicts and their families. Our 7-bed, co-ed Residential center specializes in Dual Diagnosis.
- Responsible for Program development, certification, Clinical supervision, curriculum development, contracts, and marketing

Co-Founder and Clinical Director, LifeChoices Residential Treatment Program (2001-2003)

- A State Licensed, District Attorney Certified program for men developed to provide Residential and Sober Living Treatment Services to male alcoholics/addicts and their families
- Responsible for Program development, certification, Clinical supervision, curriculum development, contracts, and marketing

Clinical Supervisor, Treatment Options Program, San Jose

(10/96-6/97)

- Developed Treatment Options educational curriculum and program structure for 30-bed, co-ed, Drug Court referred Assessment site.
- Provide clinical supervision of counseling team, including training and inservices, and provide Quality Assurance oversight.

Clinical Supervisor (10/94-10/96) ARH House on the Hill

- Develop and coordinate a multi-site Chemical Dependency Internship program for both CADC and Graduate Interns
- Provide clinical supervision to multi-disciplinary team serving the needs of recovering women and their children on the residential site.
Provide Quality Assurance oversight.

Chemical Dependency Program Coordinator, Health Matters, Pleasanton (6/93-9/94)

- Participate in the development and implementation of Recovery Net, an individualized Outpatient Addiction medicine treatment program for high risk relapse prone client with Dual Diagnosis
- Provide chemical dependency assessment, and individual and group therapy for a general counseling population utilizing Managed Care and Employee Assistance treatment planning guide lines and updates

Clinical Director, Renaissance Center for Women,**San Jose (11/92-9/94)**

- Provide supervision to both MFCC and CAADAC Interns
- Assist in assessment and screening of potential new residents
- Provide Inservice training to staff

Intern Coordinator and C.D. Generalist, El Camino Hospital Chemical Dependency Program, Mountain View (2/91-6/93)

- Provided on-call coverage to pretreatment, Inpatient, outpatient, family, and Aftercare programs
- Developed four-phase rotation internship program to train MFCC, MSW, and Ph.D interns, as well as Therapist-in-Residence Program

General Counselor (9/88-6/92)**Family Services Association, San Jose**

- Provide individual, couple, family, and group counseling in an Outpatient setting addressing a variety of counseling issues

Counselor (11/86-2/89)**Hope Rehabilitation Counseling Center, San Jose**

Provide individual, family, and group counseling to Dually Diagnosed (Developmentally Disabled with Psychiatric Disorders) population following quality assurance requirements established by Medi-Cal for a Short-Doyle, county funded treatment program

Education

Licensed Professional Clinical Counselor, (LPCC) 2013

Licensed Alcohol and Drug Counselor, (California Association of Alcohol and Drug Counselors)
LAADC 2011

Certified Alcohol and Drug Counselor, (California Association of Alcohol and Drug Counselors)
CADCII 2006

Doctorate in Ministry, 1999

California Christian University, Berkeley
(Interfaith Studies emphasis)

Master of Divinity, Golden Gate Interfaith Institute

Ordained Interfaith Minister 1998
(Interfaith Studies)

M.S. Clinical/Counseling Psychology

San Jose State University 1987

Bachelor of Arts, Psychology

California Baptist College, Riverside 1984

Licensure as a Marriage, Family, Child Counselor 1988

PUBLICATIONS

Awakening Hope. A Developmental, Behavioral, Biological Approach to Codependency Treatment. (2011) (Revised 2012) Robertson Publishing, Los Gatos, CA

Afraid to Let Go (2012) Robertson Publishing, Los Gatos, CA

Codependency and Men (2013) Robertson Publishing, Los Gatos, CA

Welcome to My World (2014) Robertson Publishing, Los Gatos, CA

Don't Leave!!! Codependency and Attachment (2014) Robertson Publishing, Los Gatos, CA

The Work Goes On. (2015) Robertson Publishing, Los Gatos, CA

Into Solution. Daily Support for Recovery Treatment Staff. (2015) Robertson Publishing, Los Gatos, CA

Leaking. Addressing Counseling Codependency. (2016) Robertson Publishing, Los Gatos, CA

Murderous Thoughts. When Talk Therapy No Longer Seems "Enough." (2018) Kindle and Nook

Awakening Hope. A Developmental, Behavioral, Biological Approach to Codependency Treatment. (2018) (Second Edition) Robertson Publishing, Los Gatos, CA

Addicted India. (2011) Developed for The International Alcohol and Drug Counselor Certification Trust for India.(iadcc.in) www.blurb.com

It's Our Turn. Famous Fairy Tale Villains Tell Their Side. (2011) [www. Smashwords.com](http://www.Smashwords.com)

Mrs. Job Reevaluates Her God (May, 2000) Women in Judaism: Contemporary Writing
www.utoronto.ca/wjudaism/

ADD/LD and Substance Abuse with Criminal Justice. (Sept, 1999) The Forensic Counselor.

Caught in the Web. (Nov/Dec 1997) California Therapist Magazine.

Additional Professional Experience

Former Host of “**Bay Area Psychology**”, a weekly cable television show aired Tuesday evenings, 10:00 p.m. on TCI 15A, 1993-1995 (Episodes available on You Tube, Mary Cook on TV)